

We are young adults who have been challenged by mental health issues and services. We used Photovoice, an 8 week process of viewing and discussing our work, to help you ...

“ Understand Us for Who We Are”

Photograph by “ Roldog”

The Western MA Young Adult Photovoice Project is presented by Consumer Quality Initiatives (CQI) and the Western MA Dept. of Mental Health (DMH)

Slide Show #1



Point-of-View

Mental Illness

is in the

Eye of the Beholder



Purple Blue

The vine of mystery

When I took this picture, the sun was going down on the flower vine and it looked awesome. I feel this vine represents me, my life, because my life is like a twisty vine; it takes lots of turns and goes another way. I've been in a couple of programs and one person helped me a lot. His name was Aaron. If he hadn't been there, I probably wouldn't be here. He told me that life is a deck of cards. I wasn't dealt all aces, but I could use what life throws at me to my advantage.

Freddie



Overcoming the Bad with the Good

Hopes & Dreams

Fear & Courage

Challenges

Determination



The Road Ahead

This shows the road ahead,
but there is stuff on the way.

That's how life is.

How do I deal with it? I move on.

Anonymous